



**AIMS TEACHER SERVICE COMMITTEE  
PRESENTS**

# **FROM GLOBAL TO MICRO: MANAGING OUR MENTAL HEALTH**

**Hosted by Kim Spampinato,  
Middle School Counselor, M.A. L.P.C**

Come and learn how to take the global chaos in the world right now and reduce it to a micro-moment. To read a more detailed program description or learn more about Kim, click [HERE](#).

Click [HERE](#) to Register Today!

**MARCH 9, 2021**

**3:30-4:30 PM**

**ZOOM LINK**